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Elmer Quintana is Mead Lumber Athlete of the Week Liberal senior soccer player Elmer Quintana is the Mead Lumber Athlete of the Week. He helped lead the LHS defense to a season in which the Redskins were 11-7. Quintana was named first team all WAC for his efforts on defense. Quintana played varsity basketball last year and will begin practice with his teammates Monday.

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