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Seward Softball Player on the Mark in Classroom

Seward County sophomore Stephanie Mark added yet another prestigious award to already jam packed trophy case on Monday as the Lady Saints 1st baseman for the past two seasons was named a Capital One Second Team Academic All-American. To take the award to the next level, Mark was the only junior college student-athlete in the country to be given the award and was one of just three sophomores to be named to the first or second team.

Mark was a 1st Team All-Region VI and 1st Team All-Jayhawk West selection on the diamond for the Lady Saints this season. She led Seward County in batting average (.432), doubles (19), home runs (17), and RBI's (70) among other categories. While what mark did in 2013 was impressive, it might be what she didn't do that was the most impressive. In 215 at bats this season for Seward, Mark struck out just 5 times, including an amazing stretch of 114 straight at bats without a strikeout at the end of the Lady Saints regular season.

She leaves Seward County as the all-time leader in hits (174), doubles (45), and RBI's (122), shattering all of those marks throughout her sophomore campaign, and finished second all-time in career batting average (.447) and home runs (27).

An Ogden, Utah native, Mark went into the Spring 2013 semester with a 3.83 GPA and is an Engineering major.

The Capital One Academic All-American College Division Softball Team is comprised of student-athletes from across the country who compete for non-NCAA schools. To be eligible for Academic All-American consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

To view the rest of the 2013 College Division Capital One Academic All-American selections, see the list below.

Academic All-America of the Year: Emma Napier, Campbellsville

FIRST TEAM

Pos. Name School Yr.
Hometown G.P.A. Major

P Sam Cole Davenport Sr.
Belleville, Mich. 3.93 Business/Sport Management

P Megan Nonnemacher(3) Saint Xavier Jr. Bloomington,
Ill. 3.87 Elementary Education

C Jade Bourgeois Spring Hill So.
Geismar, La. 4.00 Mathematics

INF Danielle Bayer Missouri Baptist Sr.
Florissant, Mo. 3.90 Sports Management

INF Emma Napier (2) Campbellsville Sr.
Scottsville, Ky. 3.92 Business

INF Kate Mollohan (1) Saint Xavier Sr. Tinley
Park, Ill. 3.78 Mathematics

INF Caitlin O'Hagan St. Gregory's Jr.
Choctaw, Okla. 4.00 Biomedical Sciences

OF Sarah Frerichs Saint Ambrose Sr. Fisher,
Ill. 3.89 Biology

OF Brooke Sampson (2) Doane Sr.
Bakersfield, Cal. 3.83 Elem. & Special Education

OF Kara Usherwood Robert Morris (Ill.) Sr. Atlanta,
Ill. 3.95 Graphic Design

DP Allison Blackwood (2) Cumberland Sr. Leoma, Tenn.
3.59 Early Child Growth & Education

SECOND TEAM

Pos. Name School Yr.
Hometown G.P.A. Major

P Karisa Hendrix Williams Baptist Sr.
Cherokee Village, Ark. 3.70 History

P Aubrey Utley Central Methodist Jr.
Trenton, Mo. 4.00 Biology

C Brittany Lewis Bethany (Kan.) Sr.
Glendale, Ariz. 3.67 Elementary Education K-6

INF Sarah Beckman William Carey Jr. Meridian,
Miss 3.92 Biology / Pre-Med

INF Stephanie Mark Seward County CC So. Ogden, Utah
3.83 Engineering

INF Molly Mills College Of Idaho Sr.
Burley, Idaho 3.72 Health Science

INF Megan Tieken (3) Nebraska Wesleyan Sr. Omaha, Neb.
3.88 Accounting

OF Tonya Berta Siena Heights Sr. Ida,
Mich. 3.70 Language Arts

OF Brittany Dunson Mobile Sr.
Pensacola, Fla. 3.47 Exercise Science

OF Bethany Holaway Olivet Nazarene Sr. Wheaton,
Ill. 3.76 Psychology

DP Emily Krienke Oklahoma City So. Calgary,
Alberta 3.92 Biomedical Sciences

THIRD TEAM

Pos. Name School Yr. Hometown
G.P.A. Major

P Natalie Newell Bethel (In) So.
Goshen, Ind 3.85 Elementary Education

P Emma Remy Morningside Jr.

Urbandale, Iowa 4.00 Political Science, Business Admin.

C Nicole Green Saint Ambrose So. Dewitt, Iowa 4.00 Psychology

INF Maddie Byrd USC Beaufort So. Ramstein, Germany 3.69 Human Services

INF Allie Foley Marian (Ind.) Jr. Fishers, Ind. 3.59 Business Marketing

INF Amanda Martinsen Ottawa Sr. Morrisville, Mo. 3.73 Human Services

INF Alex Miller Cal State San Marcos Jr. San Diego, Cal. 3.41 Human Development

OF Hannah Cook-Kelley William Carey So. Phoenix, Ariz. 3.72 Biology

OF Katrina Loy Rogers State Sr. Claremore, Okla. 3.95 Business Administration

OF Jamie Rateliff Oklahoma City So. Mustang, Okla. 3.67 Biochemistry

DP Courtney Dennis Central Methodist Sr. Sierra Vista, Ariz. 3.74 Communication

(1) Capital One Academic All-America(r) first team selection in 2012

(2) Capital One Academic All-America(r) second team selection in 2012

(3) Capital One Academic All-America(r) third team selection in 2012

Roy Allen

SCCC/ATS Roy Allen